

Prayer Diary

April to May 2026



“Binding up the broken hearted and setting the captives free.”

Isaiah 61:1

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Urban Outreach Bolton



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<p>Wednesday 1st April As we approach the weekend, we reflect on the sacrifice of Jesus and remember those facing hunger, overwhelming debt, and the challenge of abuse and exploitation. Please continue to pray that those who seek our support each day may experience the hope and renewal that Easter represents.</p>	<p><u>Please pray daily for:-</u></p> <ul style="list-style-type: none"> • Wisdom and strength for Urban Outreach staff and volunteers. • God’s love to be made known through every act of service. • God’s protection. • Bolton Lunches Easter 2026 (7th to 17th April inclusive) <p>admin@urbanoutreach.co.uk 01204 385848 www.urbanoutreach.co.uk</p>	
<p>Thursday 2nd April This day above all others we are reminded of Jesus’ heart and mission, He did not come to be served but to serve and give His life as a ransom for all. On this Maundy Thursday, we remember the Lord’s humble service in washing the disciples’ feet and the gift of communion. Pray that He strengthen our faith, help us to love and serve others as He loves us, and guides us through these holy days. Amen.</p>	<p>Friday 3rd April Kneel in silent adoration before God. Quietly contemplate the mystery of Christ - beaten, mocked, and crucified for our salvation. Reflect on the mercy flowing from His wounded heart. Ask Him to bathe the world in His mercy, cover us with His grace, and draw us to new life through His death. Pray: “Jesus, I trust in You.”</p>	<p>Saturday 4th April On this Holy Saturday, pray to God for those in Bolton who are feeling broken, rejected, vulnerable and lonely. May they know in their hearts that there is more beyond their present circumstances and reach out for support. “But God demonstrates his own love for us in this: While we were still sinners, Christ died for us.” - Romans 5:8</p>
<p>Sunday 5th April On this Easter Sunday, praise God for the hope and new life in Jesus. As we celebrate this gift of love, thank God for the continued work of Urban Outreach Bolton and Christian charities who serve communities and seek to show His love in practical and meaningful ways. He has Risen!</p>	<p>Monday 6th April On this bank holiday, please pray for rest and renewal for the staff team at Urban Outreach and for all the people of Bolton. Ask that God may bless richly children having a break from school and adults with time away from work. “I will refresh the weary and satisfy the faint.” - Jeremiah 31:25.</p>	<p>Tuesday 7th April The Easter holiday is an opportunity for the children and young people in our town to spend a couple of weeks relaxing, laughing, playing and spending time with their friends and family. Please pray that God will lead and guide them to safe activities and that they have a safe, fun-filled Spring Break. Please pray for Bolton Lunches as they begin this morning.</p>

<p>Wednesday 8th April Please pray for the Finance team commencing the preparation of the annual accounts. Please pray that sufficient time will be carved out in the busy office environment to prepare, produce and collate all the necessary documents in a timely manner.</p>	<p>Thursday 9th April Please pray for cooking activities happening with young people this Easter holiday. Pray that the young people who attend, that they will grow in confidence and in their ability to make new friendships. Pray for the skills they learn in the kitchen to have a positive lasting impact in their lives.</p>	<p>Friday 10th April As the Easter holidays continue, pray for families with low incomes to find creative ways to participate in meaningful activities together. To see and feel the benefits of being outside and accessing nature. Pray for our council as they find the resources to fund outside spaces for people to enjoy.</p>
<p>Saturday 11th April Please pray for a 11-year-old boy, (in year 7) who has been working with our RISE project. He is continuing to struggle with his family dynamics and how he fits in. His response is often disruptive behaviour in the home which exacerbates the situation. Please pray for patience and understanding amongst the family that they may build strong bonds together.</p>	<p>Sunday 12th April Let us spend time today praising the Lord for the many people who Street Life have been able to accommodate over the past few months. Please pray for them as they start to feel more secure in their new homes, that they will be able to address other issues and be able to progress in their lives.</p>	<p>Monday 13th April Please pray for the vast number of people that are still open to Street Life, many of them in desperate need of accommodation, that they will experience Gods love through our actions. Pray the Lord would equip Street Life as they negotiate with the landlords known to them, other housing providers, and as they seek to obtain new private landlords.</p>
<p>Tuesday 14th April In the past Street Life has asked us to pray for a gentleman who had been an alcoholic for over 40 years, praise the Lord he has been free from the addiction for over 18 months which has never happened before. He is now in his own home and doing extremely well, pray this will continue into his future.</p>	<p>Wednesday 15th April Please pray for the people who will attend the Street Life Drop-in today, pray they will all receive comfort and hope for the situations they find themselves in especially those who are new to us. Pray that God would open doors for Street Life as they seek to find accommodation and equip them with the wisdom and guidance they need. Psalm 39 V 7 NLT "And so, Lord, where do I put my hope? My only hope is in you!"</p>	<p>Thursday 16th April Please pray for Urban Outreach staff who work with children and families today. Pray that they would have meaningful conversations with the children and young people that they see, and that they would listen and think carefully together about the situations they are addressing. Pray that outcomes would be positive leading to life changing decisions.</p>

*"May the God of hope fill you with joy and peace."
(Romans 15:123)*

<p>Friday 17th April Please pray today for our children and teenagers, that they would find hope for the future and see that they can be involved in changes that can happen now. Pray for teachers, carers and all professionals whose jobs involve helping these young people, that they would be encouraged and have inspirational input in these young lives.</p>	<p>Saturday 18th April Let us stand together in gratitude as we thank God for being our constant example - He never gives up on us or those we meet.</p>	<p>Sunday 19th April Please pray for our clients who are struggling with depression, anxiety, and despair, feeling trapped in their circumstances. May they find hope, comfort, and strength in God's presence.</p>
<p>Monday 20th April Please pray for all the staff as we work with clients, who live in addiction which causes their lives to be chaotic. Ask for resilience, perseverance, wisdom, and abundant love as we encourage the clients to turn away from the old habits. "Lord help us be a light in the darkness and open doors to a brighter future." Amen.</p>	<p>Tuesday 21st April Pray for our staff and volunteers as they serve our community today. Ask God to give us compassion, patience and wisdom in every conversation and task. May those who come through our doors feel valued, listened to and supported. Pray that God would use our work to bring hope, dignity and practical help to those facing hardship.</p>	<p>Wednesday 22nd April Pray for the individuals and families we support through our projects. Ask God to meet their needs - financial, emotional and spiritual. Pray for strength for those feeling overwhelmed and guidance for the decisions they face. May our team reflect Christ's love in simple acts of kindness, and may our community experience God's peace and provision.</p>
<p>Thursday 23rd April Please pray for your own neighbours on your street. Pray that God would richly bless them with every kindness and that they would know the Love of God.</p>	<p>Friday 24th April Please pray for those who work with young people and young adults, as they navigate the complexity of the world, their relationships, and their faith. Pray that God would give wisdom and compassion for their work.</p>	<p>Saturday 25th April Please pray for doctors, nurses, care workers and others who tend to the sick and the dying. Pray for their own strength, courage and continual love of people as they seek to serve them wholeheartedly.</p>

*"Truly my soul finds rest in God; my salvation comes from Him."
(Psalm 62:1)*

<p>Sunday 26th April Pray for a young woman previously know to us who is caught up with the wrong influences. Drug misuse is high, and she risks losing her home and returning to prison. Ask God to bring light into her darkness, give her the desire and strength to change, and surround her with positive, wise support. Thank you.</p>	<p>Monday 27th April Please pray for a mother of 3 who is working tirelessly to regain care of her children. She has worked hard, made real changes, and shows consistent love and commitment at every contact session. As she awaits her court date, pray that her hard work is recognised and her family can be safely reunited.</p>	<p>Tuesday 28th April Please pray for a lady who is currently in hospital with a serious pressure wound. She has been in for some weeks and it is looking like the only place for her to go from there is a nursing home. Pray for the right one.</p>
<p>Wednesday 29th April Please pray for a lady who must pay to see her son in a private contact centre, and she does not have a lot of money. Pray for a better solution to this problem, so finances will not be a hindrance to her seeing her little boy.</p>	<p>Thursday 30th April Pray for a lady who has severe mental health issues but keeps being passed between different agencies and not getting the help she needs. Pray that the correct person is sent to her aid.</p>	<p>Friday 1st May “(Abraham) did not waver through unbelief regarding the promise of God but was strengthened in his faith and gave glory to God, being fully persuaded that God had power to do what He had promised.” (Romans 4:20-21). Today, let us pray with confidence when asking God to do what He has already said He would in Isaiah 61, “to bind up the broken hearted and set the captives free.”</p>
<p>Saturday 2nd May “Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to Him, and He will make your paths straight.” (Proverbs 3:5-6). Please pray that as the team ‘surrender’ to God the many decisions they must make each day that their trust in Him, as He works through them, will grow and they will see miraculous changes.</p>	<p>Sunday 3rd May Today, let us join in thanking God for His faithfulness from the ‘birthing’ of UOB to today and for what is to come! Our office on Salop Street has always been a safe haven where there have been miracles, times of great joy and sorrow, shared. As ‘our home’ is sold and goodbyes are said let us rejoice in God’s goodness and provision. Thank You, Heavenly Father.</p>	<p>Monday 4th May Please pray for a young woman who has struggled with addiction for many years and is now feeling ready for change. Pray she finds strength, courage and engages with the right support. Pray that she knows hope, healing and a new beginning is possible.</p>

*“Let my teaching fall like rain and my words descend like dew, like showers on new grass, like abundant rain on tender plants.”
(Deuteronomy 32:2)*

<p>Tuesday 5th May “Come to me, all you who are weary and burdened, and I will give you rest” - Matthew 11:28 Please pray for those feeling overwhelmed or weighed down by life’s struggles. May they find rest, comfort and renewed hope in God’s presence and guidance.</p>	<p>Wednesday 6th May This spring, give thanks for new life and fresh beginnings. Pray that those going through a difficult season will find hope and renewal, and that they may know God’s love bringing growth, and new opportunities.</p>	<p>Thursday 7th May Please thank God for the Children and Families Team and for the privilege of going into schools to speak into the lives of so many young people. Pray for our staff delivering emotional wellbeing sessions through the iThrive project. Ask that they be equipped with wisdom, discernment, patience and compassion.</p>
<p>Friday 8th May Please pray for all those young people who are struggling with low self-confidence and poor self-image. Ask that they would begin to see themselves as valued, capable and loved. Ask that the Children and Families Team would be able to encourage and build up these young people.</p>	<p>Saturday 9th May Please pray for a young person, working with our Children and Families Team, who is struggling with anger issues and has been suspended from school because of poor behaviour. His mental health is suffering due to a lack of any routines or purpose in his life, and he is struggling to engage with the wellbeing course.</p>	<p>Sunday 10th May ‘For the Lord is good and His love endures forever; His faithfulness continues through all generations.’ (Psalm 100:5). This Sunday, join us in praising God for His steadfast love and faithfulness towards us both individually and to Urban Outreach over many years.</p>
<p>Monday 11th May As the Food Hub opens for volunteers today, join us in giving thanks for the many volunteers who give their time each week to do food sorting and packing to make the food parcels. It is only with their help that Urban Outreach can support so many people across the town with food parcels through Storehouse.</p>	<p>Tuesday 12th May The Trustees of Urban Outreach are meeting today. Please thank God for their faithful commitment to guiding the work of Urban Outreach and pray for wisdom for them as they discern the direction God is leading.</p>	<p>Wednesday 13th May Please pray for the families that Street Life have open to them who are either living in temporary accommodation, hotels or living with the stressful situation of being evicted, many through no fault of their own. Pray we will be able to support them through the process and God would provide a miracle and find suitable affordable accommodation.</p>

*Remember that I commanded you to be strong and brave. Don’t be afraid, because the Lord your God will be with you everywhere you go.”
(Joshua 1: 9)*

<p>Thursday 14th May Street Life work with many people who have complex issues, pray the team would be filled and led by God's Spirit as they seek support each individual person. Pray also for those who have made the brave decision to address their addictions and are doing extremely well in rehabs. Please pray this will continue and they experience God's protection, love and freedom.</p>	<p>Friday 15th May Please pray for the Street Life team as they support people experiencing homelessness. Pray for compassion, wisdom, and resilience for the team, and that those they meet would feel dignity, hope, and practical support. Ask that meaningful connections are made and that individuals are helped towards safety, stability, and positive change.</p>	<p>Saturday 16th May Please pray for a young boy who has been moved between four or five local authorities for care placements over the last couple of years. He is now back in Bolton so please pray that he will settle in well, that people will be able to keep him safe and that the right school place for him will be available.</p>
<p>Sunday 17th May Please pray for a young girl who is convinced that she will not pass any of her GCSE exams. As the exams take place over the next few weeks please pray that she will feel confident and able to try her best. Please pray that whatever happens she will remember that she is capable of doing amazing things.</p>	<p>Monday 18th May Please pray for this new week and for all the staff and volunteers that will be involved in making so many things happen at Urban Outreach this week. Please pray that everyone that is part of any of the projects will feel seen, loved and cared for. Pray that they will recognise something different about our support.</p>	<p>Tuesday 19th May Please pray for a family. The parents are going through a difficult divorce and the children are torn between the two. Ask God for His Divine intervention so that each family member is met at their point of need; filling them with God's love and peace.</p>
<p>Wednesday 20th May Please pray for one of the families supported by our Children and Families Team. Mum has 5 children, all with special needs. She is struggling to cope and is exhausted.</p>	<p>Thursday 21st May A child is being supported by numerous agencies but is still struggling with anxiety. Please pray that she will feel God's peace surround her.</p>	<p>Friday 22nd May Please pray for our Next Chapter Project as it comes to a close this school term. Pray that sessions for year 6 students in primary schools will give them tools to cope with the transition to high school and prevent any anxiety and emotional struggles.</p>

*"This same Jesus, who has been taken from you into heaven, will come back in the same way you have seen Him go into heaven."
(Acts 1:11)*

<p>Saturday 23rd May Please pray for a young person known well to RUNA that has been placed in a secure care placement due to their high risk of exploitation. May this be an opportunity for them to be surrounded with staff that care deeply and understand this young person and help him break free from the chains of exploitation.</p>	<p>Sunday 24th May On this Sunday, we pray for God's nourishment for all staff and volunteers working with Urban Outreach Bolton. We thank you for all they do for God's people in Bolton and pray that they are touched by God's grace and mercy this day.</p>	<p>Monday 25th May Please pray that this bank holiday would be a true time of rest and restoration. Ask that staff and volunteers would be able to switch off, spend meaningful time with family and friends, and be physically and spiritually refreshed. Pray that God would renew their strength.</p>
<p>Tuesday 26th May Please lift up the staff and volunteers who faithfully sort donations, pack parcels, manage logistics, and welcome guests. Pray for physical stamina, emotional resilience, and joy in service. Ask God to provide abundantly. Pray that the Food Team would continue to reflect Christ in both practical help and gentle words of hope.</p>	<p>Wednesday 27th May Philippians 2:2-4 - "Make my joy complete: be of the same mind, having the same love, being in full accord and of one mind. Do nothing from selfish ambition or empty conceit, but in humility regard others as better than yourselves." As the Children and Families Team gather for their weekly meeting, pray for unity in Christ to serve the people of Bolton.</p>	<p>Thursday 28th May Pray for all those in Bolton experiencing significant and multiple disadvantage. Pray that through the support offered by Urban Outreach and partner agencies empowers to make their own wise, safe choices and decisions.</p>
<p>Friday 29th May Please pray for a 14-year-old boy who keeps going missing. His family are doing everything they can to support him, but his mental health struggles mean he is very angry and keeps going missing, putting himself in dangerous situations. Please pray that he starts to accept the support and help being offered to him and that he realises his own self-worth and that people love and care for him.</p>	<p>Saturday 30th May Please pray for the RUNA team as we meet with young people who have been missing pray that whether we see those young people just once for 10 minutes, or over a period of weeks/ months, that we are able to show them Jesus' love and let them know their worth.</p>	<p>Sunday 31st May As May draws to a close, we thank the Lord, for the opportunities this month to serve our neighbours. Please ask God to refresh staff and volunteers, and encourage those facing hardship with renewed hope. May every act of kindness reflect His love and remind our community that they are seen, valued, and not alone.</p>

*"May the God of hope fill you with all joy and peace as you trust in Him, so that you may overflow with hope by the power of the Holy Spirit."
(Romans 15:13)*